



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 03209, Babyfood, crackers, vegetable

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	2.00	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Energy	kcal	477	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Energy	kJ	1997	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Protein	g	8.40	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Total lipid (fat)	g	19.60	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Ash	g	3.15	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Carbohydrate, by difference	g	66.85	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Fiber, total dietary	g	4.0	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Sugars, total	g	13.00	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	07/2009

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca	mg	41	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Iron, Fe	mg	4.20	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Magnesium, Mg	mg	37	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Phosphorus, P	mg	198	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Potassium, K	mg	245	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Sodium, Na	mg	571	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2010
Zinc, Zn	mg	0.90	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Copper, Cu	mg	0.130	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Manganese, Mn	mg	0.770	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Selenium, Se	µg	13.7	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/1999
Fluoride, F	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009

Vitamins

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin C, total ascorbic acid	mg	50.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/1999
Thiamin	mg	0.350	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Riboflavin	mg	0.330	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Niacin	mg	4.050	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Pantothenic acid	mg	0.466	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/1999
Vitamin B-6	mg	0.120	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	01/1999
Folate, total	µg	86	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Folic acid	µg	70	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Folate, food	µg	16	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Folate, DFE	µg	135	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Choline, total	mg	10.4	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Vitamin A, RAE	µg	179	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Carotene, beta	µg	1760	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009

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Carotene, alpha	µg	739	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Cryptoxanthin, beta	µg	27	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Vitamin A, IU	IU	3571	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Lutein + zeaxanthin	µg	65	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Vitamin E (alpha-tocopherol)	mg	8.05	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Vitamin E, added	mg	7.55	--	--	0	0	--	--	--	--	Calculated or imputed	--	04/2016
Tocopherol, beta	mg	0.04	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Tocopherol, gamma	mg	0.25	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Tocopherol, delta	mg	0.01	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Vitamin K (phylloquinone)	µg	7.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Lipids													
Fatty acids, total saturated	g	1.966	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
12:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
14:0	g	0.011	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
15:0	g	0.150	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
16:0	g	0.800	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
18:0	g	0.816	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
22:0	g	0.188	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Fatty acids, total monounsaturated	g	15.779	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
16:1 undifferentiated	g	0.019	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
18:1 undifferentiated	g	15.579	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
20:1	g	0.181	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Fatty acids, total polyunsaturated	g	1.022	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
18:2 undifferentiated	g	0.966	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
18:3 undifferentiated	g	0.056	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009

Other

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	07/2009
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2009